



For All Healthy Living Centre

What's On Guide...

Opening Times (Monday-Friday) **01934 427 426**

Healthy Living Centre	08.30-17.00
Locality Health Centre	08.00-18.30
Library +Council Connect	09.30-17.00
Café	09.00- 14.45

Monday

09.00-14.45	Shop
10.00-12.00	Computer Club (Library)
10:30-11:30	Community Choir
13.00-15.00	Allotment Group
13:30-15:30	ME Support Group
14:00-16:00	Hand Loom Weaving (Church Hall)
18:30-19:30	Diabetes Support Group

Tuesday

09.30-10.15	Clothes Bank
09.00-14.45	Shop
09:15-09:45	Rhyme Time (Library, term time only)
09.30-12.00	Coffee Morning & Prayer Group
10:00-12:00	Mikes Alternative Walk
12:00-13.30	Lunch Club (Over 55's)*
13:30-14:30	Seated Exercise
14:00-14:30	Running Club-Flexible Times

Wednesday

09.00- 2:45	Shop
9.00-11.00	Health Visitor & Baby weighing drop in (1 st and 3 rd Wednesday of the month)
10.30-11.30	Post Communion Coffee Morning
10:30-12:00	Bournville Tots (Church Hall)
12:00-13:30	Lunch Club (Over 60's)*
12:50-15:10	Dance and Drama for adults with special needs*
13:30-14:30	Bingo
13.30-14.00	Fair Share*
17:00-20:00	Self Defence Classes*

Thursday

09.00-14.45	Shop
09.30-11.30	Cllr Parker/ James Clayton surgery
12.00-14.30	Lunch Club (Over 60's) *
13:00-15:00	Jiggle & Wiggle (Church Hall)
14:00-16:30	Crafty Chats
14:00-14:30	Running Club Flexible Times

Friday

09.00-14.45	Shop
10:00-12:00	Mikes Alternative Walk
12:30-3:30	Stay and Play
19.30-20.30	Narcotics Anonymous

Saturday

10:00-12:30	St Andrews Table Top Sale (2nd Saturday of each month)
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Please ask at reception for more details

*May incur a cost

Jan 19